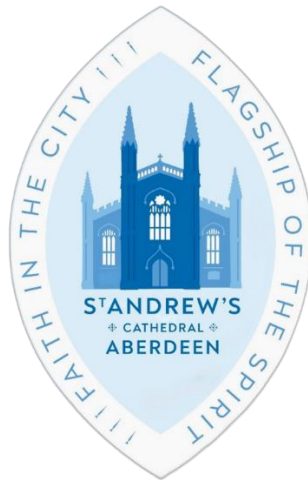


St Andrew Cathedral Church

(SC001058)

28 King Street, Aberdeen AB24 5AX



Welcome to St Andrew Cathedral Church

Good morning and welcome to our Sung Eucharist. It is good that you are here to worship God, to experience God's love in the Word and the Sacraments, the tokens of love in Bread and Wine.

Please stay behind for Refreshments in the John Skinner Centre, afterwards. If you are a visitor, you are very welcome. If you are new in Aberdeen, we hope you will make this your home for worship.

Please complete the Green Paper and hand it to the Stewards for us to keep our records up to date.

Sung Eucharist

10.45am Sunday the 4th August 2024

Tenth Sunday after Trinity

Mass Setting: Grayston Ives – Salisbury Service

Director of Music: Elizabeth Poobalan

Organist: Liam Kerr

Sacristan: George Macallan

Celebrant & Preacher: The Rector

Please use this leaflet with the Liturgy Book

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Praying in Grace | Growing in Grace | Giving in Grace

Preserving Heritage | Promoting Faith | Transforming Lives

Opening Hymn: NEH 234 Christ, whose glory fills the skies (tii. RATISBON)

We continue on page 1 in our Liturgy Book

Collect for the Tenth Sunday after Trinity (Transfiguration)

Father in heaven, whose Son Jesus Christ was wonderfully transfigured before chosen witnesses upon the holy mountain, and spoke of the exodus he would accomplish at Jerusalem: give us strength so to hear his voice and bear our cross that in the world to come we may see him as he is; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

First Lesson: Exodus 6.2-4, 9-15 (NRSVA)

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, ‘If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.’

Then the Lord said to Moses, ‘I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.

Then Moses said to Aaron, ‘Say to the whole congregation of the Israelites, “Draw near to the Lord, for he has heard your complaining.”’ And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, ‘I have heard the complaining of the Israelites; say to them, “At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.”’

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, ‘What is it?’ For they did not know what it was. Moses said to them, ‘It is the bread that the Lord has given you to eat.

The Psalm: Psalm 78.23-29 *Attendite, popule.*

23 Because they believed not in God, * and put not their trust in his help.

24 So he commanded the clouds above, * and opened the doors of heaven.

25 He rained down manna also upon them for to eat, * and gave them food from heaven.

26 So man did eat angels' food; * for he sent them meat enough.

27 He caused the east-wind to blow under heaven; * and through his power he brought in the southwest-wind.

28 He rained flesh upon them as thick as dust, * and feathered fowls like as the sand of the sea.

29 He let it fall among their tents, * even round about their habitation.

Glory be to the Father, and to the Son : and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be : world without end. Amen.

The Epistle: Ephesians 4.1-16 (NRSVA)

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.' (When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.)

The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Gradual Hymn: NEH 178 'Tis good, Lord, to be here! (t. CARLSILE)

We remain standing for the Proclamation of the Holy Gospel.

Gospel: John 6.24-35 (NRSVA)

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat."' Then Jesus said to them, 'Very truly, I tell you, it was not

Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.’ They said to him, ‘Sir, give us this bread always.’

Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

THE SERMON, THE CREED & THE INTERCESSIONS

We continue in our prayers for King Charles, Princess Kate, Kirsty Stuart; Sue Glenarthur, Shona Mackay; Alma Caldwell; Norma Sim; Joan Foster, Mark Walker, Revd Alison Fuller, Jane Cameron, Elodie Bressers, Robert Allan and all those who asked for prayers.

We pray for God’s blessings upon those who celebrate their Birthdays and Anniversaries this week. We remember especially Michael Poobalan (7th).

We pray for God’s comfort to surround the family and friends of those whose years mind is this week. We especially remember the family and friends of Douglas Manby (28th Jul), Pamela Houston (1st Aug); Sohinee Bhattacharya (3rd Aug); Angela Gail Martin (9th Aug).

THE PEACE & THE OFFERTORY

Offertory Hymn: NEH 177 Christ, upon the mountain peak (t. NEH112. ST ALBINUS)

PRAYERS OF OFFERING

The Great Thanksgiving

SANCTUS and BENEDICTUS (*Sung*)

The Sharing of the Bread and the Wine

THE BREAKING OF THE BREAD & AGNUS DEI (*Sung*)

*Please come forward to the altar rails to partake of the **Tokens of Love** in the bread and the wine. If you prefer, please come forward for a **Blessing**.*

Communion Motet: Lead me, Lord. (Samuel Wesley)

Post Communion Hymn: NEH 140 Holy Spirit, come, confirm us (t. ALL FOR JESUS)

PRAYER AFTER COMMUNION

Holy God, we see your glory in the face of Jesus Christ: may we who are partakers at his table reflect his life in word and deed, that all the world may know his power to change and save. This we ask through Jesus Christ our Lord. **Amen.**

BLESSING

NOTICES

DISMISSAL

RECESSIONAL MUSIC